

Date: 28th to 30th January, 2019.
Venue: Rangapara College
No. of participants: 09

**GAUHATI UNIVERSITY INTER-COLLEGE WEIGHTLIFTING, POWER LIFTING AND
BEST PHYSIQUE TOURNAMENT, 2018-19.**

Organised by

Rangapara College
Rangapara, Sonitpur, Assam

Dr.B.K.B. College participated in the Gauhati University Inter-College Weightlifting, Power Lifting and Best Physique Tournament, 2018-19 with a team consisting of 09 participants, two coaches and a professor in-charge organised by Rangapara College, Sonitpur, Assam from 28th to 30th January, 2019. We are proud that our college students brought laurels to the college by winning in various categories.

List of participants, winners and photographs are attached below:

Name of the Professor in-charge: Debita Kemprai

Manager/Coach: Jahnu Bora and Jahnu Sharma

List of the participants in Power Lifting and Weight Lifting Competition:

Sl.no.	Name of the Player	Category	Date of Birth	Roll no	Class/Semester
1.	Abhinash Das	74 below	02/05/1997	280	VI semester
2.	Abhinash Borah	59 below	20/06/1998	2	IV semester
3.	Mridul Saikia	66 below	01/01/2000	459	II semester
4.	Kankan Borah	83 below	21/08/2000	199	II semester
5.	Niren Kolita	95 below	15/06/2000	395	II semester
6.	Numan Kutub Ahmed	120 below	21/01/2001	125	II semester
7.	Chimpi Bora	63 below	22/12/1998	383	VI semester
8.	Shyamalima Bora	52 below	30/08/1993	37	IV semester
9.	Nasrin Sultana	57 below	18/10/1998	119	VI semester

Winners list of Power Lifting Competition:

Sl.no.	Name of the Player	Category	Date of Birth	Roll no	Class/Semester	Prize won
1.	Numan Kutub Ahmed	120 ⁺	21/01/2001	125	II semester	1 st prize
2.	Mridul Saikia	66 below	01/01/2000	459	II semester	2 nd prize
3.	Kankan Borah	83 below	21/08/2000	199	II semester	3 rd prize
4.	Shyamalima Bora	52 below	30/08/1993	37	IV semester	1 st prize
5.	Chimpi Bora	63 below	22/12/1998	383	VI semester	2 nd prize


Winners list of Weight Lifting Competition:

Sl.no.	Name of the Player	Category	Date of Birth	Roll no	Class/Semester	Prize won
1.	Shyamalima Bora	52 below	30/08/1993	37	IV semester	2 nd prize

Photographs:

OFFICE OF THE PRINCIPAL
DR. B.K.B. COLLEGE
P.O.: Puranigudam, Nagaon-782141 (Assam)
Estd. 1967

From,
Dr. Nripen Ch. Das
Principal & Secretary
Dr. B.K.B. College, Puranigudam



Cont. No.: +91-8638733591
E-Mail: bkb.college@hotmail.com
Website: www.bkbcollege.in

Ref. No... BKBC./21(G)... Misc... 15377 Date: 20/01/19

To

The Principal
Rangapara College
Sonitpur, Assam

Sub: Confirmation of Participation in the Gauhati University Inter College Power Lifting, Weight Lifting and Best Physique, 2018-19 to be held from 28th to 30th January, 2019.

Sir,

The following students of Dr. BKB College are selected for participating in the above said competition.

This is for your kind information.

Name and Address of the College: Dr. B.K.B. College, Puranigudam, Nagaon
Name of the Professor In-Charge: Debita Kemprai
Manager/Coach: Jahnu Bora and Jahnu Sharma
Contact No. 9435568579

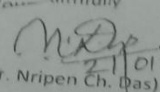
List of Boy participants:

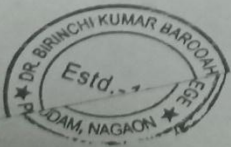
Sl No.	Name of Player	Category	Date of Birth	Roll No	Class	Signature of the Player
1.	Abhinash Das	74 below	02/05/1997	280	VI sem	Abhinash Das
2.	Abhinash Borah	59 below	20/06/1998	2	IV sem	Abhinash Borah
3.	Mridul Sakia	66 below	1/1/2000	459	II sem	Mridul Sakia
4.	Kankan Borah	83 below	21/21/08/2000	199	II sem	Kankan Borah
5.	Niren Kolita	95 below	15/6/2000	395	II sem	Niren Kolita
6.	Niman Kutub Ahmed	120 below	21/01/2001	125	II sem	Niman Kutub Ahmed

List of Girl participants:

Sl No.	Name of Players	Category	Date of Birth	Roll No	Class	Signature of the Player
1.	Chimpi Bora	63 below	22/12/1998	383	VI sem	Chimpi Bora
2.	Shyamalima Bora	52 below	30/08/1993	37	IV sem	S. Bora
3.	Nasrin Sultana	57 below	18/10/1998	119	VI sem	Nasrin Sultana

Thanking you,

Yours faithfully

(Dr. Nripen Ch. Das)
Principal
Dr. BKB College, Puranigudam
Nagaon, Assam.



Principal
Dr. B.K.B. College
Puranigudam
Nagaon (Assam)

RULES AND REGULATION FOR POWER LIFTING, WEIGHT LIFTING & BEST PHYSIQUE:

1. The tournament is open for both Boys and Girls (Best Physique for Boys only).
2. General weight and other examination of the participant will be held at the venue from morning 9.00 A.M. on 28th of January, 2019.
3. The last date and time of registration in the tournament is 11A.M. of January 28, 2019.
4. The mode of tournament will be Raw (unequipped) lifting.
5. Weight classification:

MEN SECTION:

- a. Power Lifting : 59kg, 66kg, 74kg, 83kg, 95kg,
105 kg, 120 kg, +120 kg
- b. Weight Lifting: 56kg, 61 kg, 69kg, 77kg, 85 kg,
94 kg, 105kg, +105kg
- Women Section:
- a. Power Lifting: 47kg, 52kg, 57kg, 63kg, 72kg,
84kg, +84kg
- b. Weight Lifting: 48kg, 53kg, 58kg, 63kg, 69kg,
75kg, +75kg.
6. In the event of any dispute the decision of the
technical committee will be final and binding.
7. Matches will be played under lights also.
8. Participants are required to bring their own wrist
band, crab bandage, belt & other accessories.
9. College can send maximum of one participant
for each category (Boys & Girls separately).

GENERAL RULES:

1. The organizing committee will not be responsible for any loss of goods during the stay in the college.
2. Disciplinary action will be taken against the team who are found responsible for any damage done to the college property or the place of their stay during the tournament.
3. Participating teams are required to bring their mosquito nets and clothes.

INFORMATION

ELIGIBILITY:

1. A student shall represent a college only on the following conditions:
 - a. If he/she is a bonafide student of the college/institution under Gauhati University.
 - b. If he/she is not above 25 years of age on 1st January, 2019.
 - c. Only TDC and PG classes participants will be allowed to participate in the tournament.
2. Each of the players shall have to submit the following documents at the time of registration:
 - a. College Identity Card (up to date)
 - b. A recent passport size colour photograph duly signed by the Principal.
 - c. Certificate for age proof (Xerox copy attested by the Principal).
 - d. Individual provisional participation form duly signed by the Principal.
3. The enclosed proforma of the eligibility of the players duly signed in by the Principal of the college must be submitted in duplicate to the organizing committee at the time of registration.
4. A player who has appeared in a University Examination and has been awaiting for the declaration of the result, shall be allowed to play for the college from which he/she appeared in the examination as a regular student.
5. The organizing committee will take appropriate decision action on receipt of any complaint, problem in black and white regarding age of players, playing conditions etc. The complaint shall have to follow certain procedures to lodge any kind of complaint.
6. The decision of the organizing committee shall be final and binding in all respects.
7. The area of jurisdiction in case of any dispute shall be Tezpur.

INFORMATION

EXPENSES

1. Each participant team shall bear the travelling expenses of its own contingent.
2. A participating college has to pay a registration fee of Rs. 200/- for each participant or subject to minimum of Rs 1000/-
3. Lodging of the team will be arranged by the organizers.
4. Boarding and Lodging facilities will be available only from 28th January, 2019.
5. The participating team must show the receipt (Xerox copy) of the GU Sports Board affiliation fee. If the participating team has not paid the affiliation fee they have to pay Rs. 1000/- as GU Sports Board affiliation fee.

IMPORTANT INFORMATION

1. The participants are requested to go through detailed information uploaded on the college website www.rangaparacollege.com
2. The proforma of eligibility of participants can be downloaded from the website.
3. The filled up proforma of participants duly signed by the Principal of the respective college should be submitted through mail nupampalli2012@gmail.com or chetaniku@gmail.com, on or before 15 January, 2019. The original copy should be submitted at the time of registration.
4. The individual participants should download the individual provisional participation form from the website.
5. The filled in individual provisional participation form (affix a self signed passport size photo) duly signed by the Principal of the respective colleges should be submitted at the time of registration.
6. The participants should also bring up to date College Identity Card, Certificate for age proof duly attested by the Principal and a recent passport size photograph.
7. Last date of joining is 11A.M. of 28 January, 2019.
8. Any further clarifications may be made by 25 January, 2019 over phone. Contact Coordinator for any clarification.
9. Final list of colleges enrolled for participation in the tournament will be uploaded on 26th January, 2019.

To
The Principal

College/ Institution
(Affiliated to Gauhati University)

Sub: Invitation to participate in the Gauhati University Inter College Power Lifting, Weight Lifting & Best Physique 2018-19

Sir/Madam,

It gives us immense pleasure to inform you that the Gauhati University Sports Board has entrusted us to organize the GAUHATI UNIVERSITY INTER COLLEGE POWER LIFTING, WEIGHT LIFTING & BEST PHYSIQUE TOURNAMENT, 2018-19 from 28th to 30th January, 2019.

In this connection I would like to request you to send your participants from your college. Please confirm your participation on or before 20th January, 2019. All necessary documents related to the tournament are attached herewith for favour of your kind information.

Your kind cooperation is solicited for making the tournament a successful one.

With Regards

Sincerely Yours

(Dr. Ranjan Kalita)
Principal
Rangapara College
Sonitpur, Assam

PROFORMA FOR ELIGIBILITY OF PARTICIPANTS

Name and Address of the College:

Name of the Prof. In-charge:

Manager/Coach

.....
Contact number:

[illegible]

*Certified that the above particulars are true as per records of the college and they are not employees, whole time or part time anywhere.

*The scanned copy of duly filled in form may kindly be mailed to nupampalit2012@gmail.com or chetaniku@gmail.com by 20th January, 2019.

*Kindly provide contact number of Prof. In-Charge for communication if necessary.

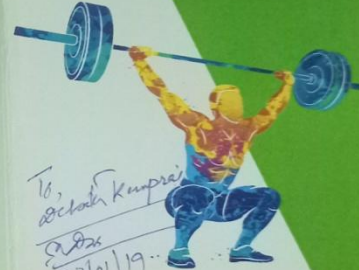
Seal of College

Seal & Signature of the Principal

GAUHATI UNIVERSITY
INTER COLLEGE

**POWER LIFTING,
WEIGHT LIFTING &
BEST PHYSIQUE
TOURNAMENT, 2018-19**

Date : 28-30 JANUARY, 2019



ORGANIZED BY
RANGAPARA COLLEGE
RANGAPARA-784505

ORGANIZING COMMITTEE
GAUHATI UNIVERSITY INTER COLLEGE
POWER LIFTING, WEIGHT LIFTING & BEST
PHYSIQUE TOURNAMENT, 2018-19







GAUHATI UNIVERSITY INTER COLLEGE POWER LIFTING, WEIGHT LIFTING & BEST PHYSIQUE TOURNAMENT, 2018-19



ORGANIZED BY : RANGAPARA COLLEGE
Under Gauhati University Sports Board

Certificate of Merit

Issue No -GUSB/ICWPBT/RC/2019/45

Date : 30th January, 2019

This is to Certify that Mr./Miss NUMAN KUTUB AHMED.....
representing DR. B. K. B. COLLEGE.....participated in the GAUHATI UNIVERSITY INTER
COLLEGE POWER LIFTING, WEIGHT LIFTING & BEST PHYSIQUE TOURNAMENT, 2018-19, organized by Rangapara
College, Rangapara (Assam) from 28th to 30th January, 2019 at Rangapara College, Rangapara and has been
awarded with FIRST..... position in Weight Lifting/Power Lifting / Best Physique Competition in the weight
category.....+120 KG.....

Rubi
(Dr. Ranjan Kr. Kakati)
Secretary, G.U. Sports Board &
Director, Students' Welfare
Gauhati University



W.
(Dr. Ranjan Kalita)
President, Organising Committee &
Principal, Rangapara College, Rangapara

**GAUHATI UNIVERSITY INTER COLLEGE POWER LIFTING, WEIGHT LIFTING
& BEST PHYSIQUE TOURNAMENT, 2018-19**



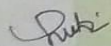
ORGANIZED BY : RANGAPARA COLLEGE
Under Gauhati University Sports Board

Certificate of Merit


Issue No -GUSB/ICWPBT/RC/2019/13

Date : 30th January, 2019

This is to Certify that Mr./Miss SHYAMALIMA BORA
representing DR. B. K. B. COLLEGE participated in the GAUHATI UNIVERSITY INTER
COLLEGE POWER LIFTING, WEIGHT LIFTING & BEST PHYSIQUE TOURNAMENT, 2018-19, organized by Rangapara
College, Rangapara (Assam) from 28th to 30th January, 2019 at Rangapara College, Rangapara and has been
awarded with FIRST position in Weight Lifting/Power Lifting / Best Physique Competition in the weight
category 52 Kg.


(Dr. Ranjan Kr. Kakati)
Secretary, G.U. Sports Board &
Director, Students' Welfare
Gauhati University




(Dr. Ranjan Kalita)
President, Organising Committee &
Principal, Rangapara College, Rangapara

**GAUHATI UNIVERSITY INTER COLLEGE POWER LIFTING, WEIGHT LIFTING
& BEST PHYSIQUE TOURNAMENT, 2018-19**




ORGANIZED BY : RANGAPARA COLLEGE
Under Gauhati University Sports Board

Certificate of Merit


Issue No -GUSB/ICWPBT/RC/2019/30

Date : 30th January, 2019

This is to Certify that Mr./Miss MRIDUL SAIKIA
representing DR. B. K. B. COLLEGE participated in the GAUHATI UNIVERSITY INTER
COLLEGE POWER LIFTING, WEIGHT LIFTING & BEST PHYSIQUE TOURNAMENT, 2018-19, organized by Rangapara
College, Rangapara (Assam) from 28th to 30th January, 2019 at Rangapara College, Rangapara and has been
awarded with SECOND position in Weight Lifting/Power Lifting / Best Physique Competition in the weight
category 66 Kg.


(Dr. Ranjan Kr. Kakati)
Secretary, G.U. Sports Board &
Director, Students' Welfare
Gauhati University




(Dr. Ranjan Kalita)
President, Organising Committee &
Principal, Rangapara College, Rangapara

Debita Kemprai
Sports In-charge
Dr.B.K.B. College, Puranigudam