Syllabi

Four Year Undergraduate Programme (FYUGP)

Gauhati University

Effective from Academic Year 2023-24



GAUHATI UNIVERSITY Guwahati-781014

Four Year Undergraduate Programme (FYUGP) Syllabus 1ST SEMESTER Subject Name: Education Course Name: PRINCIPLES OF EDUCATION Course level: 100 – 199 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After going through this paper the students will be

- Able to know the meaning, types and sound principles of education.
- Students will be able to get acquainted with the concepts like different aims of education , Curriculum , Democracy, discipline , Freedom, etc
- Have knowledge about different aims of education and its application in educational setting.
- Able to understand the democratic ideals and set up of education.

Unit No	Contents	No of	Marks
		classes	
Unit-1	Concept of Education	Contact	Total: 100
	• Meaning , nature and scope of Education	class: 50 Non contact class: 10	(Internal – 20 External – 80)
	• Functions of Education		
	 Different Forms of Education -Formal , Informal and Non Formal Education and different agencies imparting Formal , Informal and Non Formal Education 		
	 School and its manifold functions, Relationship between school and society 		
	 Development and present status of Distance and Open Education with special reference to 		

	India	
Unit -2	Aims of Education	
	Allis of Education	
	 Concept and importance of Aim of Education Determinants of Aims Different Aims of Education and their pioneers Individual vs. Social aim , Liberal vs. Vocational Aim Democratic ,Citizenship, Moral and Complete Living as Aims of Education 	
Unit -3	Curriculum	
Unit -3	 Meaning and Nature of Curriculum and importance of Curriculum Types of curriculum, Principles of Curriculum Construction, Determinants of Curriculum Philosophical Bases of Curriculum construction specifically Idealism, Naturalism and Pragmatism Correlation of Curriculum/Studies - meaning, importance and different types Co-scholastic Activities - meaning, importance and different types 	

	Discipline and Freedom	
Unit -4		
	 Meaning and Importance of Discipline and Freedom Various Forms of Discipline, Discipline Vs. Order Importance of Reward and Punishment in school Concept of Freedom and Free discipline Maintenance of Discipline in school 	
Unit -5	Demographic and Education	
Unit -5	Democracy and Education	
	 Meaning of Democracy in Education Democracy and education for all The Child in a democratic educational Environment Role of teachers and administrators in Democracy Methods of teaching in Democracy 	

- Agarwal, J. C. (2010). Theory and Principles of Education, Delhi, Vikas Publishing House Ltd.
- Baruah, J. (2006). *Sikshatatta Adhyayan*. Guwahati Lawyer's Book Stall
- Bhatia , K. & Bhatia(1994), B. D. Theory and Principles of Education: Philosophical & Sociological Bases of Education , 20th ed.,Delhi, Doaba House
- Chaterjee, S. (2012) Principles and Practices of Modern Education, Delhi, Books & Alied Ltd.

- Goswami, D.(2012). Principles of Education, Guwahati, LBS Publications
- Kalita, U., Saharia, S. B. & Sharma, A. (2019). *Sikshar Niti*, Tushar Publishing House, Guwahati, India.
- Raymont T. (1904) Principles of Education, London, Newyork & Bombay: Longman's Green & Co
- Ross, J.S. (1945) The Ground Work of Educational Theory. London, Toronto, Bombay, Sydney: George G. Harrap & Co. Ltd
- Safaiya R.N. & Shaida B.D. (2010). *Modern Theory and Practice of Education*, New Delhi: Dhanpatraj Publishing Company Pvt. Ltd.

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Four Year Undergraduate Programme (FYUGP) Syllabus 2ND SEMESTER Subject Name: Education Course Name: EDUCATIONAL PSYCHOLOGY Course Code: 100 – 199 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcomes:

After completion of this course the students will be able to:

- Understand the relationship between education and psychology.
- Explain the need of educational psychology in teaching learning process.
- Describe the nature and theories of learning and role of motivation in learning.
- Understand the concept of memory, forgetting, attention and interest.
- Understand intelligence, its theories and measurement and acquaint themselves with different types of personality and the adjustment mechanism.
- Understand the types of exceptional children and significance of individual differences in a classroom.

Units	Contents	No of classes	Marks
Unit-1	Psychology and Education:	Contact class: 50	Total: 100
	• Meaning and nature of	Non contact class:	(Internal - 20)
	Psychology	10	External – 80)
	• Relation between education and		
	psychology		
	Educational Psychology-Nature		
	and Scope,		
	Importance of Educational		
	Psychology in teaching –		
	learning process		
Unit-2	Learning and Motivation:		
	• Learning -Meaning and nature		
	• Theories of learning—		
	Connectionism, Classical		
	conditioning, Operant		
	conditioning and Theory of		
	Insightful learning		
	• Laws of learninglaw of		
	readiness, law of exercise ,law		
	of effect		
	• Factors affecting learning		
	• Motivation-meaning, role of		
	motivation in learning		
Unit-3	Memory, Attention and Interest:		
	• Memory—Meaning, nature and		
	types		
	• Economy in memorization		
	through different methods		
	• Forgetting—meaning and		
	causes		
	• Attention-concept,		
	characteristics, determinants		
	and types		
	• Interest-Meaning, relation		
	between Attention and Interest		
	• Role of attention and Interest in		
	learning		

Unit-4	Intelligence, Creativity and	
	personality	
	• Intelligence-Meaning, nature	
	and theories :Two-factor theory,	
	Group factor theory	
	• Creativity-concept,	
	characteristics	
	Personality—meaning and	
	nature	
	• Theories of personality-Type	
	and trait theory	
Unit-5	Exceptional children & Individual	
	Differences	
	Concept of Exceptional Children	
	and their types	
	• Identification and Characteristics	
	of Gifted, Intellectually	
	Challenged and Children with	
	Learning Disabilities	
	• Education of Exceptional Children	
	 Individual Differences-Meaning 	
	and Nature; Psychological	
	implications of Individual	
	Differences in the Classroom and	
	role of the teachers.	

- Baron, R.A. (2001). *Psychology*. New Delhi: Prentice Hall.
- Bichler, R.F. and Snowman, J. (1993). *Psychology Applied to Teaching*. Boston: Houghton Mifflin
- Chauhan,S.S. (1996). Advanced Educational Psychology.New Delhi: Vikash Publishing House Pvt. Ltd.
- Crow & Crow (1962). *Educational Psychology*. New Delhi: Prentice Hall.
- Suilford, J.P. (1965). *General Psychology*. New Delhi: East West Press Pvt. Ltd.
- Kuppuswamy B. (2013).Advanced Educational Psychology, New Delhi: Sterling Publishers Private Limited.
- Mangal, S.K.(2009). Advanced Educational Psychology. New Delhi: PHI Learning Private Limited.

- Saikia, L.R. (2018). Psychological and Physiological Experiments in Education. Guwahati.
- Skinner, Charles, (2012). E- Educational Psychology. New Delhi: Prentice Hall.

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Four Year Undergraduate Programme (FYUGP) Syllabus 3RD SEMESTER Subject Name: Education Course Name: EDUCATIONAL SOCIOLOGY Course Code: 200 – 299 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this paper the learner will be able to:

- Understand the concept and nature of sociology
- Analyse the relationship of sociology with education.
- Understand the concept and nature of culture
- Analyse the relationship of culture with education.
- Understand the concept of socialization and its processes,
- Explain the role of education on socialization.
- Understand the concept, nature and factors of social change.
- Explain the role of education on social change.
- Understand the concept and nature of social group and its types.
- Analyse the difference between social group and crowd.

Units	Contents	No of Classes	Marks
Unit-1	Sociology and Education	Contact class: 50	Total: 100 (Internal –

		Non contrat close 10	20 Extermed 80)
	• Concept, Nature and Methods of Sociology	Non contact class: 10	20 External – 80)
	Educational Sociology:		
	Meaning, Nature, Scope and		
	its importance		
	• Relation between Education		
	and Sociology		
Unit-2	Culture and Education		
	• Concept, Nature and Functions		
	of Culture		
	• Types of Culture: Material and		
	Non-Material Culture		
	• Relationship between Culture		
	and Education		
Unit-3	Socialization		
	• Concept, Nature and Processes		
	of Socialization		
	• Agents of Socialization:		
	Family and School		
	• Education as a Socialisation		
	Process		
Unit-4	Social Change		
	• Concept and Nature of Social		
	Change		
	• Factors of Social Change		
	• Education as an instrument of		
	Social Change		
Unit-5	Social Group		
	• Meaning and Nature of Social		
	Group		
	• Difference between Social		
	Group and Crowd		
	• Types of Social Group:		
	Primary and Secondary Group		
	• Importance of Primary and		
	Secondary Groups		
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 Bhatia & Narang (2013). Philosophical and Sociological Bases of Education. Ludhiana: Tandon Publications.

- ▶ Brown, F. J. (1954): *Educational Sociology (2nd Edition)*. New York: Prentice Hall.
- Chanda, S.S. & Sharma, R. K. (2002). Sociology of Education. New Delhi: Atlantic Publishers.
- Ogburn, W.F. & Nimkoff, W.F. (1966). A handbook of Sociology. New Delhi: Eurasia Publishing House (Pvt.) Ltd.
- Rao, C. N. Shankar (2005). Sociology-Principles of Sociology with an introduction to Social Thought. New Delhi: S. Chand & Company.
- Ravi, S. S. (2015). Philosophical and Sociological Bases of Education. New Delhi: Prentice Hall India Pvt. Ltd.
- Saikia, Polee (2019) 2nd Edition. Sociological Foundations of Education. Guwahati: DVS Publishers.

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Four Year Undergraduate Programme (FYUGP) Syllabus 4TH SEMESTER Subject Name: Education Course Name: EDUCATIONAL PHILOSOPHY Course Code: 200 – 299 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this paper the learner will be able to:

- Understand the concept, nature, functions and branches of philosophy.
- Analyse the relationship of philosophy with science.
- Understand the concept, nature, scope and functions of educational philosophy.
- Analyse the relationship of philosophy with education.

- Understand different Indian schools of philosophy.
- Analyse the educational implications of different Indian philosophy.
- Understand different Western schools of philosophy.
- Analyse the educational implications of different Western philosophy.
- Understand the philosophy of great philosophers and their contributions.

Units	Contents	No of classes	Marks
Unit -1	Philosophy	Contact class: 50	Total: 100 (Internal –
	• Concept, Nature and Scope of	Non contact class: 10	20 External – 80)
	Philosophy		
	• Functions and branches of		
	Philosophy		
	• Relationship of Philosophy		
	with Science		
Unit -2	Educational Philosophy		
	• Concept, Nature and Scope of		
	Educational Philosophy		
	• Functions of Educational		
	Philosophy		
	• Relationship between		
TI I I	Philosophy and Education		
Unit -3	Indian Schools of Philosophy		
	• Vedic Philosophy and their		
	Educational Implications		
	Buddhist Philosophy and their Educational Implications		
	 Islamic Philosophy and their 		
	Educational Implications		
Unit -4	Western Schools of Philosophy		
	• Idealism and their Educational		
	Implications		
	• Pragmatism and their		
	Educational Implications		
	• Naturalism and their		
	Educational Implications		
Unit -5	Great Philosophers		
	Contribution of Indian		

Philosophers: Swami
Vivekananda and Rabindranath
Tagore
Contribution of Western
Philosophers: John Dewey and
Jean-Jacques Rousseau

Selected readings

- Shrivastava, K. K. : Philosophical Foundation of Education (Kanishka Publishers, Distributers, New Delhi, 2003)
- Chaube, S.P. and Akhilesh Choube, Philosophical and Sociological Foundation of Education, Vinod Pustak Mandir, Agra-2
- Sahu, Bhagirathi : The New Educational Philosophy, Sarup and Sons : New Delhi, 2002
- Wingo, G. Max: Philosophies of Education, Sterling Publishers Pvt. Ltd. New Delhi, 1975
- Brubacher J.S : Modern Philosophies of Education, McGRAW-HILL BOOK COMPANY, INC, New York, Toronto London, 1950
- Chakrabarti, Mohit, Pioneers in Philosophy of Education, Concept Publishing Company: New Delhi, 2002
- Goswami, Dulumoni, Philosophy of Education, DVS Publishers, Guwahati, 2014
- Bryan Magee, The Story of Philosophy, The Dorling Kindersley Book, London Course designer: Prof. Polee Saikia, Deptt. Of Education, Gauhati University Email: poleesaikia@gauhati.ac.in

Four Year Undergraduate Programme (FYUGP) Syllabus 4TH SEMESTER

Subject Name: Education Course Name: DEVELOPMENT OF EDUCATION IN INDIA Course Code: 200 – 299 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this course the learner will be able to:

- Recount the concept of Ancient Indian education system
- Describe the education system in Ancient India, particularly Vedic Education
- Examine the education system in Medieval India.
- Analyse the education system during British Period
- Understand the Educational situation during the time of Independence
- Explain the recommendations and educational importance of different Education Commission and Committees in post Independent India
- Analyse the National Policy on Education in different times
- Accustom with the recent Educational Development in India

Unit	Contents	No of classes	Marks
No			
Unit-	Education in Ancient and Medieval India	Contact class: 50	Total: 100
1	• Education in Ancient India	Non contact	(Internal – 20
	The Vedic System of Education:	class: 10	External – 80)
	Concept and Salient Features		
	 Education during Buddhist Period General Features of Buddhist Education Ancient Universities and Centres of Education: Taxila, Nalanda,Vikramshila,Varanasi, Education in Medieval India The Islamic System of Education General Features of Muslim Education, 		
	Defects of Muslim Education		
Unit-2	Education in British India: The 19 th Century		
	 Educational Activities of Missionaries in Assam The Charter Act of 1813 The Anglicists-Orientalists Controversy Macaulay's Minute, 1835 Wood's Despatch of 1854 		
	Indian Education Commission-1882		
Unit-3	Education in British India : 19 th Century,		
	before independence		

	 Indian University Commission- 1902, 	
	Major Recommendations	
	 Lord Curzon's Education policy on 	
	Primary, Secondary and Higher	
	Education, The University Act of 1904	
	• Gokhale's Bill for Compulsory Primary	
	Education- 1910-1912	
	Calcutta University Commission-1917,	
	Major Recommendations	
	 Hartog Committee Report-1929, 	
	 Basic Education-1937 	
TI	The Sargent Report- 1944	
Unit-4	Development of Indian Education : the post	
	independence period	
	• University Education Commission –	
	1948, Recommendations and evaluation	
	of the recommendations	
	• Educational Provisions of the Indian	
	Constitution and their Implementation	
	Secondary Education Commission-	
	1952-53, recommendations and	
	evaluation	
	• Education Commission 1964-66, Major	
	recommendations, Critical assessment	
	and relevance of the recommendation in	
	the present education system	
	• National Policy on Education-1968 and	
	its evaluation and implementation	
	• National Education Policy 1986 and	
	Revised National Policy of Education-	
	1992	
	1772	
Unit-5	Recent Developments and programmes in	
	Indian Education	
	The National Knowledge Commission	
	Report, Backgroundand	
	Recommendations	
	• Report of the Committee to Advise on Reportion and Reinvenstion of Higher	
	Renovation and Rejuvenation of Higher	
	Education, Recommendations	
	• Government Programmes of Education:	
	SSA, RMSA, RUSA	
	• Right to Education (RTE)	
	• National Education Policy 2020,	

Paradigm shift in School Education and	
Higher Education including Teacher Education.	

- Aggarwal, J.C. (2004). Landmarks in the History of the Modern Indian Education. New Delhi: Vikas Publishing House Pvt. Ltd.
- Chaube, S. P. and Chaube, A. (2005). Education in Ancient and Medieval India. New Delhi: Vikas Publishing House Pvt. Ltd.
- Dash, B.N. (2014). *History of Education in India*. New Delhi: Dominant Publishers and Distributors Pvt. Ltd.
- Shosh, Suresh C. (2007). *History of Education in India*. New Delhi: Rawat Publications.
- Thakur, A.S. and Thakur, A. (2015). Development of Education System in India: Problems and Prospects. Agra: Agarwal Publications
- > Draft National Education Policy 2019. MHRD, Govt of India
- Bharatar Shiksha Etihasar Adhyan (Assamese) , Jatin Baruah , Lawyers Book Stall, Guwahati

Rastriya Shiksha niti 2020 (Assamese), Shiksha Mantranaloy, Bharat Sarkar

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Four Year Undergraduate Programme (FYUGP) Syllabus 4TH SEMESTER Subject Name: Education Course Name: GUIDANCE AND COUNSELING Course Code: 200 – 299 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcomes:

After completion of this course the students will be able to:

- Understand the concept, need and importance of Guidance and Counselling
- Know the different types and approaches to Guidance and Counselling
- Acquaint themselves with the organization of guidance service and school guidance clinic
- Enable themselves to understand the challenges faced by the teacher as guidance worker.

Units	Contents	No of classes	Marks
Unit-	Introduction to Guidance	Contact class: 50	Total: 100 (Internal –
1	• Meaning, objectives and scope of	Non contact class:	20 External – 80)
	guidance	10	
	• Need and principles of guidance		
	• Types of guidance and their		
	importance : Educational		
	guidance, Vocational guidance,		
	Personal guidance, Social		
	guidance, Health guidance		
Unit-	Introduction to Counselling		
2	• Meaning, objectives and scope of		
	counselling		
	• Need and principles of		
	counselling		
	• Types of counselling : Directive,		
	Non-directive and Eclectic		
	counselling		
	• Relation between Guidance and		
	Counselling		
Unit-	Organization of guidance service		
3	Meaning of guidance service		

	• Need and principles of organizing	
	guidance service	
	Components of guidance service:	
	counselling service, techniques of	
	counselling service	
	• Qualities of a good counselor	
Unit-	Guidance needs of students	
4	• Guidance needs of students in	
	relation to home-centred and	
	school-centred problems	
	Group guidance and Group	
	counselling	
	Guidance for CWSN	
	School Guidance Clinic	
Unit-	School guidance programme	
5	• Importance of guidance and	
	counselling cells in educational	
	institutions	
	Follow-up Services	
	• Role of the Head of the institution	
	and parents in guidance and	
	counselling	
	• Challenges and functions of the	
	teacher as guidance provider/	
	counselor	

- Agarwal, Rashmi(2010). Educational, Vocational guidance and Counselling, Principles, Techniques and programmes. New Delhi: Shipra Publication.
- Aggarwal J.C. (1989): Educational and Vocational Guidance and Counselling. New Delhi: Doaba House.
- Bhatia,K.K.(2009). Principles of Guidance and Counselling. New Delhi: Kalyani Publishers
- Kochhar,S.K. (2010). Educational and vocational guidance in secondary schools. New Delhi: Starling Publishers Pvt. Ltd.

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Four Year Undergraduate Programme (FYUGP) Syllabus **4TH SEMESTER Subject Name: Education Course Name: HUMAN RIGHTS, VALUE AND PEACE EDUCATION** Course Code: 200 – 299 Credit: 4 Total: 100 (Internal -20 External -80)

Learning Objectives:

After completion of this course the learners will be able to demonstrate the ability to

- Explain the basic concept, nature and scope of human rights
- Describe the meaning, nature, principles, curriculum and teaching methods of human rights education at different levels of Education.
- Know the role of United Nations on human rights
- Understand enforcement mechanism in India
- Know the role of advocacy groups

Course Contents

Units	Contents	No of classes	Marks
Unit-	Basic Concept of Human Rights	Contact	Total: 100
1	 Concept, Nature , objectives, principles and of Scope Human Rights Needs and Significance of Human Rights 	class: 50 Non contact class: 10	(Internal – 20 External – 80)
	 Education in India. Human Rights Education at Different levels: Elementary level 		
	Secondary levelHigher level.		
	• Methods and Activities of Teaching Human Rights		
	Curriculum of Human Rights Education		
Unit-	United Nations and Human rights		
2	 Universal Declaration of Human Rights (1948) by UN 		

	• UN and Promotion and Protection of Human	
	Rights	
	Human Rights and Indian Constitution	
	• Fundamental Rights similar to the UN Human	
	Rights in Constitution of India	
Unit-	Role of Advocacy Groups for Promotion of Human	
3	Rights	
	• Role of Global Agencies: UN, UNESCO, Vienna	
	Declaration	
	• Role of Government and Non-Governmental	
	Organizations;	
	Role of educational institutions	
	Role of press and mass media	
Unit-	Basic concept of values	
4	 Meaning, concept and definition and 	
	Characteristics of values	
	Classifications of values	
	 Functions of Values 	
	 Sources of Values 	
	 Values in Indian Philosophical Thoughts 	
	 Role of Education in inculcation of values 	
	• Strategy for value orientation through Social	
	Institutions	
Unit-	Introduction to peace and peace education	
5	• Meaning , Concept,	
	definition and characteristics of Peace	
	• Importance of Peace in	
	Human life	
	• Role of teacher in	
	promoting peace	
	• Meaning, Concept,	
	definition, aims and objectives of peace education	
	Characteristics of peace education	
	•	
	• Philosophy of peace education	
	Need and importance	
	• Need and Importance	
	Peace Education and	
	International Understanding	
	mematonal onderstanding	

Reference Books:

- Aggarwal, J.C.(2008). Education in the Emerging Indian Society. New Delhi:Shipra Publication.
- Chand, Jagdish (2007). Education for Human Rights.New Delhi:Anashah Publishing House.
- Mohanty, J. (2006). *Human Rights Education*. New Delhi: Deep & Deep Publications.
- Naseema, C. (2008). Human Rights Education Theory and Practice. New Delhi: Shipra Publications.
- Rao, Digumarti Bhaskara (2004). Human Rights Education. New Delhi: Discovery Publication House.
- Reddy & Others (2015). Human Rights Education. Hyderabad: Neelkamal Publications Pvt. Ltd.

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: EDUCATIONAL TECHNOLOGY Course Code: 300 – 399 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Objectives:

After completion of this course the learners will be able to demonstrate the ability to:

- Make the students understand the objective of educational technology in teaching learning process
- Acquaint the students with innovations in the field of education through technology
- Make the students understand about various methods and devices of teaching
- Acquaint students with levels, effectives of teaching and classroom management

Make the students understand the strategies of effective teaching as a profession

Units	Contents	No of classes	Marks
Units Unit:1	ContentsEducational technology:• Meaning, nature and scope of Educational technology• Approaches of Educational Technology Educational Technology I or 	No of classes Contact class: 50 Non contact class: 10	Total: 100 (Internal – 20 External – 80)
Unit:2	Branching Programming) Communication and Teaching- Learning • Concept , Nature and Types of Communication • Principles of communication • Classroom Communication • Marks of effective classroom communication		

	• Barriers of effective classroom	
	communication	
	• Application of ICT in	
	communication the teaching-	
	learning Process	
	• Resources of learning- Projected	
	and Non-projected resources,	
	• E-learning, EDUSAT,	
	INFLIBNET and Social media	
TT T T	Methods and techniques of teaching	
Unit:3	• Teaching learning process-	
	Meaning and Nature of teaching and learning	
	e	
	Criteria of good teachingTeaching Methods- lecture	
	method, play way method,	
	Activity method, Discussion,	
	Project method, problem solving	
	method	
	• Teaching techniques- Maxims	
	of teaching, devices of	
	teaching-Narration, Illustration,	
	Questioning	
Unit:4	Strategies of Teaching and	
	Learning Teaching Debession Authoritaries	
	Teaching Behavior- Authoritarian, Democratic, Laissez Faire	
	Phases of Teaching-Pre-Active,	
	Interactive and Post-Active	
	Phase	
	• Levels of Teaching-Memory	
	Level, Understanding Level,	
	Reflective Levels of Teaching	
Unit:5	Lesson Planning and Micro Teaching	
	• Lesson plan –Its meaning and	
	Importance	
	• Types of Lessons- Knowledge	
	Lesson, Skill Lesson,	
	Appreciation Lesson	

Herbartian Steps of Lesson
Planning
Criteria of a good lesson plan
• Micro teaching- meaning and
components

Reference Books:

- Aggarwal J.C. (2005). Educational Technology. New Delhi: Vikash Publishing House Pvt. Ltd.
- Chauhan, S. S. (2008). Innovations in Teaching-learning Process. New Delhi: Vikash Publishing House Pvt. Ltd.
- Kochhar, S. K. (1996). Methods and Techniques of Teaching. New Delhi: Sterling Publishers Pvt. Ltd.
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- Passi, B.K. (1976). Becoming Better teacher-Micro Teaching Approach. Ahmedabad: SahityaMudranalaya
- Sharma, R.A. (2000). *Teaching Foundation of Education*. Meerut: R. Lall Book Depot
- Siddiqui, M.H.(2008). *Models of teaching*. New Delhi: APH Publishing Corporation
- Singh, Amarjit (2006): Classroom Management, New Delhi: Kanishka Publishers

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: EMERGING ISSUES IN EDUCATION Course Code: 300 – 399

Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this unit, students will able to-

- Make the students acquaint with major emerging issues national, state, and local
- Acquaint the students with the various issues in education that are emerging in the recent years in the higher education system
- Address the various problems and challenges of education in India at all levels.

Units	Contents	No of classes	Marks
Unit-1	Social Inequality in Education and	Contact class:	Total: 100
	Constitutional Safeguards	50	(Internal - 20)
	Concept of Social Inequality	Non contact class: 10	External – 80)
	• Constitutional Provision for Ensuring	class: 10	
	Equality in Education		
	• Education of Socially Disadvantaged		
	Section: SCs, STs and Minorities ,		
	Education of people of Char area of Assam		
	• Education for Backward Children, Child		
	Labour, Street Children and Slum Dwellers		
	• Gender Disparity and Rural-Urban		
	Disparity in Education		
Unit-2	Liberalization, Privatization and		
	Globalization of Education		
	• Liberalization: Concept and its impact		
	on education		
	• Privatization: Concept and its impact on		
	education		
	• Globalization: Concept and its impact		
	on education		
	Public-private Partnership		
	• Education as investment		
Unit-3	Issues related to Students		
	• Youth Unrest: Concept, Causes and		
	Remedies		

	• Campus Disturbance: Concept, Causes and	
	Remedies	
	• Examination Anxiety: Concept, Causes	
	and Remedies	
	 Issues related to Educated Unemployment. 	
Unit-4		
01111-4	Environmental Education and Population Education	
	• Main Environmental Issues: Global	
	Warming, Ozone Depletion and Environmental Pollution	
	Role of Environmental Education for	
	Sustainable DevelopmentRole of Different Stakeholders	
	(Government and Non-Government	
	Organisations, Women, Media) in Environmental Protection	
	• Population Explosion: Its Causes and	
	Consequences	
	Population Education for Population	
TT •4 F	Control	
Unit-5	Multi-Cultural Education and Alternative	
	Education	
	• Concept, Objectives and Need of Multi-	
	Cultural Education	
	• Curriculum and Instruction of Multi-	
	Cultural Education	
	• Issues related to Multi-Cultural Education	
	• Concept of Alternative Education and its	
	related Issues	
	Role of NIOS and Sakshar Bharat Mission	
	in Alternative Education	
	• Role of IGNOU and KKHSOU in	
	Alternative Higher Education	
	• MOOC and its related Issues.	

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- > Chandel and Nand (2011). Population Education. Agra: ShriVinodPustakMandir.
- Krishnamacharyulu, V. (2005). Environmental Education. Hyderabad: Neelkamal Publications Pvt. Ltd.
- Mishra and Mohanty (2013). Trends and Issues in Indian Education. Meerut: R. Lall Book Depot.
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- > Tiwari, R.P. Problems of Education in N.E. India. Ludhiana: Tandon Publications.

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: ENVIRONMENTAL EDUCATION Course Code: 300 – 399 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

On completion of this course, the students will be able to

- 1. Understand the concept of environment and its relation between human beings
- 2. Realise the importance of Environmental Education and learn the strategies aware people on environment

- 3. Discuss on Environmental Issues and Challenges and learn to deal effectively with environmental hazards
- 4. Evaluate the environmental status at regional and global level and acquire skills to conserve and preserve environment
- 5. Acquaint themselves with the SDGs and true causes of decline of environmental values among people.

Units	Contents	No of classes	Marks
Unit-1	 Concept of Environment Meaning, Definitions and characteristics of Environment Components and Types of Environment. Ecology and Ecosystem Man's relation with Environment through ages Interdependency in environment-Food Chain and Food web 	Contact class: 50 Non contact class: 10	Total: 100 (Internal – 20 External – 80)
Unit-2	 Concept of Environmental Education Environmental Education: Meaning & definition, characteristics and objectives Need and importance of environmental Education Environmental Awareness through formal and informal education, Role 		

Unit-3	of educational institutions and NGOs in creating environmental awareness and attitudinal change among students and common people.• Strategies of teaching Environmental Education at different levels with reference to objectivesEnvironmental Degradation and Hazards• Concept of environmental degradation, environmental hazards and environmental pollution	
	 Environmental Hazards: Natural and man-made Types of common environmental pollution Role of Education in mitigation of environmental degradation. 	
Unit-4	 Environmental conservation Needs and objectives of environmental conservation Characteristics of conservation Categories of conservation: In situ conservation and Ex situ conservation Environmental movements/ projects and conferences for conservation of environment: Chipko Movement, Silent Valley project, Narmada Valley Project, Stockholm 	

	Conference 1972, Rio Summit 1992	
Unit -5	Environmental Ethics and Sustainable Development	
	• Environmental Ethics and values	
	• Causes of decline of environmental values among people	
	• Environmental education for sustainable development	
	• UN Sustainable Development Goals: Goal 7(Affordable and clean energy), Goal 12 (Responsible consumption and production), Goal 13 (Climate action)	

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- ➤ Gupta P.K : Population Education. R. Lall Book Depot. Meerut. 2004
- Ramakrishnana and Panneeselvam: Environmental science Education. Sterling Publishers Pvt. Ltd. New Delhi. 2007
- Reddy and Reddy: Environmental Education. Neelkamal Publications pvt. Ltd. Hyderabad/New Delhi.
 - o 2007
- Sharma and Maheswari: Education for environment and Human Values, R.Lall Book Depot. Meerut.2005
- > Sharma, R.A: Environmental Education. R.Lall Book Depot. Meerut. 2008
- Shrivastava, K.K: Environmental Education (Principles, Concepts and Management).Kanishka Publishers, Distributors. New Delhi. 2014

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: RESEARCH METHODOLOGY Course Code: 300 – 399 (Elective-1) Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this course the learner will be able to:

- Enable the students to understand the concept of Educational Research.
- Acquaint the students with the different steps of Educational Research
- Develop an understanding of different types of educational research
- Acquaint the students about the preparation of Research Proposal

Units	Contents	No of classless	Marks
Unit-1	 Educational Research: Meaning, Definition, Characteristics and Objectives of Educational Research Types of Educational Research: Fundamental, Applied and Action Research 	Contact class: 50 Non contact class: 10	Total: 100 (Internal – 20 External – 80)

Unit-2	Research Proposal :	
	• Meaning, Steps in formulating	
	Research Problem	
	• Research Questions, Research	
	Objectives, Research	
	Hypothesis and Variables	
	• Research Tools Meaning of	
	Questionnaire, Interview	
	Schedule and Observation	
	Schedule	
Unit-3	Review of the Related Literature:	
	• Meaning and nature	
	Sources and Importance	
Unit-4	Research Design :	
	Meaning of Research design	
	• Meaning of Population and	
	Sample	
	Analysis and Interpretation of the	
	data:	
	• Meaning of data and its types,	
	Collection of data, organization	
	of the data, Analysis and	
	Interpretation of the data	
Unit-5	Report Writing :	
	• Meaning	
	• Structure of Research Report:	
	Preliminary Section, Main	
	body of the Report, Reference	
	Section	

- Best and Khan ,Research in Education , (10t^h Edition) Prentice Hall PVT Limited M-97 Connaught Place, New Delhi, New Delhi
- Langenbach Michle and Courtney Vaughn (7th Edition).; An Introduction to Educational Research, Allyn and Bacon, London
- Shefali R Pandya, Educational research , 2010, APH Publishing Corporation, Ansari Road , Darya Ganj New Delhi 110002

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: DEVELOPMENTAL PSYCHOLOGY Course Code: 300 – 399 (Elective 2) Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this course the learner will be able to:

- Understand the meaning, nature, scope and different methods of developmental psychology
- Understand the pre-natal period of development.
- Know the characteristics and different developmental aspects of infancy period.
- Explain the parental attitude and family role in the development of infants.
- Know the characteristics and different developmental aspects of childhood period.
- Understand the role of family and school in social and personality development of childhood.
- Understand the meaning, characteristics and developmental tasks of adolescence.
- Explain the need and importance of studying adolescence.
- Understand the social, emotional and personality development of adolescence.
- Analyse the role of family, school and peers on adolescents' development.

Units	Topics	No of classes	Marks

Unit-1	Introduction to Developmental Psychology	Contact class: 50	Total:
	• Meaning, definition, nature and scope of	Non contact	100
	developmental psychology	class: 10	(Internal
	• Different methods of studying		- 20 External
	developmental psychology		-80)
	• Hereditary and other factors that affect pre-		- 00)
	natal development		
	• Periods of pre-natal development		
	Characteristics of pre-natal development		
	• Precautionary measures to be taken in pre-		
	natal development		
Unit-2	Infancy		
	Characteristics of infancy		
	Different developmental aspects during		
	infancy		
	- Physical development		
	- Cognitive development		
	- Motor development		
	- Language development		
	- Emotional development		
	• Conditions that affect parental attitude		
	towards the infant		
	• Role of family in the development of infants		
Unit-3	Childhood		
	Characteristics of childhood		
	• Developmental tasks of childhood		
	- Physical development of early and late		
	childhood		
	- Emotional development of early and		
	late childhood		
	• Influence of family and school in social and		
	personality development in childhood		
Unit-4	Adolescence		
	• Meaning and definition of adolescence		
	• Need and importance of studying		
	adolescence		
	Characteristics of adolescence		
	• Developmental tasks of adolescent period		
	 Adolescence – age of transition 		
	- Autorescence – age of transition		

	Physical changes during adolescence	
	Intellectual development during adolescence	
Unit-5	Social, Emotional and Personality Development	
	of Adolescence	
	Social development during adolescence	
	• Role of family, school and peers in the	
	development of adolescents	
	Emotionality during adolescence	
	Personality development during adolescence	
	Adjustment problems and juvenile	
	delinquency	

- Bee, H. and Denise Boyd (2006). The Developing Child. New Delhi: Pearson Education Inc. India edition
- Chaube, S. P. (2011). Developmental Psychology. New Delhi: Neelkamal Publications Ltd.
- Cole, L. (1936). *Psychology of Adolescence*, New York: Rinchart and Winsten
- Soswamee, G. (2008). Child Development and Child Care. Guwahati: Arun Prakashan.
- Hurllock, E. B. (1980). Developmental Psychology-A Life span approach. New Delhi: Tata McGraw Hill Publishing Com. Ltd.
- Hurlock, E.B. (1942). Child Development. New Delhi: Tata McGraw Hill Publishing Com. Ltd
- > Thompson, G.G. (1969). Child Psychology. Bombay: The Times of India Press.

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: TEACHER EDUCATION Course Code: 300 – 399 (Elective 3) Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this course the learner will be able to:

- Explain the Concept, Scope, Aims & Objectives and Significance of teacher education
- Acquaint with the development of Teacher Education in India
- Acquaint with the different organising bodies of teacher education in India and their functions in preparation of teachers for different levels of education
- Acquaint with the innovative trends and recent issues in teacher education, and be able to critically analyse the status of teacher education in India
- Understand and conceive the qualities, responsibilities and professional ethics of teachers

Units	Contents	No of classes	Marks
Unit-	Conceptual Framework and	Contact class: 50	Total: 100 (Internal –
1	Historical Perspectives of Teacher	Non contact class: 10	20 External – 80)
	Education in India		
	• Teacher Education-Concept, scope and aims and objectives		
	• Need and Significance of Teacher Education in 21 st Century		
	• Types of Teacher Education- Pre-service and In-service		
	• Development of Teacher Education in India		
	• Shifting focus from Teacher Training to Teacher Education		
Unit-	Teacher Education For Different		
2	Levels of Education		
	• Preparation of Teachers for Pre-		
	Primary Level of education		
	• Preparation of Teachers for Primary Level of education		
	• Preparation of Teachers for Secondary Level of education		

	• Preparation of Teachers for
Unit-	Higher Level of education Structure and Organisations of
3	Teacher Education in India
	• Basic Training Centre (BTC)
	• District Institute for Education and Training (DIET)
	• State Council for Educational Research and Training (SCERT)
	 National Council for Educational Research and Training (NCERT)
	• National Council for Teacher Education (NCTE)
	 National University of Educational Training and Administration (NUEPA)
	Regional Colleges of Education
Unit-	Status of Teacher Education in
4	India: Trends, Issues and
	Challenges
	• Skill and Competency based Teacher Education, Flanders Interaction Analysis, Micro Teaching and Simulated Social Skill Teaching (SSST)
	 National Curriculum Framework for Teacher Education (NCFTE), 2009 NCTE Descriptions 2014
	 NCTE Regulations, 2014 Present problems of Teacher Education in India and their solution
	• Quality Assurance in Teacher Education and its challenges
Unit-	Quality, Responsibility and
5	Professional Ethics of Teachers
	• Qualities and responsibilities of a teacher
	• Teacher as a Facilitator, Counsellor and Practitioner- Researcher

• Role expectations of Teachers in twenty first century
 Professional ethics an accountability of teachers

- Aggarwal, J.C. (2004). Teacher and Education in a Developing Society. New Delhi: Vikas Publishing House Pvt. Ltd.
- Bhargava, M. & Saikia, L.Rasul (2012). Teacher in 21st Century- Challenges, Responsibilities, Creditability. Agra: Rakhi Prakashan.
- Flanders, Ned, A. (1970). Analysing Teacher Behaviour. London: Wesly Publishing Company.
- Gurrey, P. (). Education and the Training of Teachers. London: Longmans, Green and Company.
- Mukherjee, S.N. (1968). Education of Teachers in India, Vol.-I and II. New Delhi: S. Chand and Company.
- Rajput, J.S. and Walia, K. (2002). Teacher Education in India. New Delhi: Sterling Publishers Pvt. Ltd.
- Sharma, Sashi Prabha (2004). Teacher Education in India. New Delhi: Vikash Publications Pvt. Ltd.

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Four Year Undergraduate Programme (FYUGP) Syllabus 5TH SEMESTER Subject Name: Education Course Name: EDUCATIONAL MANAGEMENT Course Code: 300 – 399 (Elective 4) Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Objectives:

After completion of this course the learners will be able to demonstrate the ability to

- Develop an understanding of the basic concept of educational management.
- Enable the students to know about the various resources in education and their application
- Enable the students to understand the concept and importance of educational planning.
- Enable the students to know about the financial resources and financial management in education.

Course Contents

Units	Contents	No of classes	Marks
Unit-	Introduction to Educational Management	Contact class: 50	Total: 100
1	 Meaning, nature and scope of Educational Management Objectives/Purpose of Educational Management Principles of Educational Management Types of Educational Management- Centralised Vs. Decentralised Autocratic Vs. Democratic Creative Vs. Laissez-Faire Management Functions of Educational Management- Planning, Organizing, Directing, Supervising and controlling Classroom Management- Principles, Strategies and Techniques. 	Non contact class: 10	(Internal – 20 External – 80)
Unit-	Resources in Education		
2	Meaning of		

	resources
	• Types of resources-
	Human resource, Material resource and
	Financial resource
	Management of
	Human, Material and Financial resources
	Optimum
	Utilization of resources in educational
T T •4	institutions
Unit-	Educational Planning
3	Meaning, Nature
	and Importance of educational planning
	• Types of
	educational planning
	Principles of
	educational Planning
	Central State
	Relationship in Educational Planning,
	Central and State Educational Advisory
	Bodies- MHRD, UGC, NCERT, SCERT
Unit-	Institutional Planning
4	• Concept, Nature,
	and Scope of Institutional Planning
	• Institutional
	Planning for Infrastructural Development
	and Personnel Development
	• Procedure of
	Institutional Planning
	Organisation of
	Time Table and Co-curricular Activities
Unit-	Financing of Education and Recent Trends
5	in Management
	Concept of
	Educational Finance
	Sources of
	• Sources of Educational Finance
	Principles of Educational Einance
	Educational Finance
	• Budget: Concept

and Components, Process of Preparing	g
Institutional Budget	
• Recent Trends	in
Educational Management	
- Total Quality	
Management	
- SWOT Analysi	sis

Reference Books:

- Bhatnagar and Gupta (2006). *Educational Management*. Meerut: R. Lall Book Depot.
- Bhattacharya, Shantanu (2012). Educational Management-Theory and Practice. Guwahati: EBH Publishers.
- Krishnamacharyulu, V. (2008). School Management and System of Education.
 Hyderabad: Neelkamal Publications Pvt. Ltd.
- Mathur and Mathur (2010). School Organisation and Management. Agra: Agrawal Publication.
- Sharma, R. N. (2010). Educational Administration, Management and Organisation. Delhi: Surjeet Publications.
- Sidhu, I. S. (2012). Educational Administration and Management. Delhi: Pearson India Publishers
- Taj Haseen and Bhatnagar, Piyush (2012). Modern Perspectives of Organizational Behaviour, Agra: Harprasad Institute of Behavioural Studies.

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Four Year Undergraduate Programme (FYUGP) Syllabus 6TH SEMESTER Subject Name: Education

Course Name: EDUCATIONAL MEASUREMENT AND LABORATORY PRACTICAL

Course Code: 400 – 499

Credit: 4 (3+1)

Total: 100 (Internal -20 External -60+20)

Learning Outcome:

After completion of this course the learner will be able to:

- Understand the concept of measurement and evaluation in education.
- Acquaint the students with the general procedure of test construction and characteristics of a good test.
- Develop an understanding of different types of educational tests and their uses.
- Acquaint the students about personality test, and aptitude tests.

Course contents

Units	Contents	No of classes	Marks
Unit-	Measurement and Evaluation in	Contact class: 50	Total: 100 (Internal –
1	Education	Non contact class: 10	20 External –
	• Meaning and concept of		60+20)
	measurement, Functions of		
	measurement, Types of		
	measurement, Scales of		
	measurement		
	• Evaluation -Its		
	meaning, basic principles		
	Relationship and		
	difference between Measurement		
	and Evaluation		
	• Examination and		
	Evaluation		
	• Formative and		
	Summative evaluation		
	• Role of		
	evaluation in education		
Unit-	Test Construction		
2	 General procedure of Test 		
	Construction and Standardization		
	Item Analysis		
	• Characteristics of a good test		
	• Validity, Reliability, Objectivity		
	and Norms		
Unit-	Educational Achievement Test		

3	 Meaning and objectives of Achievement Test Difference between Achievement test and Intelligence Test Construction of Educational Achievement Test
	Different types of Educational Achievement Test
Unit-	Personality Test
4	Personality Test- Meaning and
	Nature
	Types of Personality
	Measurement
	-Subjective Technique (Personality Inventory or
	Questionnaire-MMPI)
	-Objective Technique (Rating Scale)
	-Projective Technique (Thematic
	Apperception Test, Ink-Blot- Test)
	-Situational Technique (Psycho Drama)

Unit-5	Laboratory Practical
	• Recall and Recognition, Trial and Error learning,
	• Span of attention
	Ink Blot Test
	Free Association Test, Control Association Test
	 Personality Test for Introversion-Extroversion

- Asthana, Bipin (2009). Measurement and Evaluation in Psychology and Education.
 Agra: Vinod Pustak Mandir
- Freeman, F.S. (1965). *Theory and Practice of Psychological Testing*. New Delhi: Oxford & IBH Publishing Co. Pvt. Ltd.
- Goswami, Marami (2012). Measurement and Evaluation in Psychology and Education.Hyderabad: Neel Kamal Publications Pvt. Ltd.

 Saikia, L.R. (2018). Psychological and Physiological Experiments in Education. Guwahati.

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Four Year Undergraduate Programme (FYUGP) Syllabus6TH SEMESTERSubject Name: EducationCourse Name: EDUCATIONAL STATISTICS AND PRACTICALCourse Code: 400 – 499Credit: 4 (3+1)Total: 100 (Internal – 20 External – 60+20)

Learning Outcome:

After completion of this course the learner will be able to:

- Develop the basic concept of Statistics,
- Be acquainted with different statistical procedures used in Education.
- Develop the ability to represent educational data through graphs.
- Familiarize the students about the Normal Probability Curve and its applications in Education

Course contents

Units	Contents	No of classes	Marks
Unit-1	Basics of Educational Statistics	Contact	Total:
	Statistics- Meaning, Nature and Functions	class: 50	100
	• Need of statistics in Education	Non	(Intern
	• Measures of central tendency and their uses	contact	al – 20 Extern
	• Mean. Median and Mode from ungrouped and grouped data	class: 10	al – 60+20)
	• Measures of variability –Concept, Types and their uses, merits and demerits		
	Quartile Deviation, Average Deviation, Standard		
	deviation- (grouped and ungrouped data-short		
	method), Combined SD		
Unit-2	Graphical presentations of data		
	• Usefulness of Graphical presentations of data,		
	• Basic principle of constructing a graph,		
	• Different types of graph –histogram, frequency		
	polygon,		
	• Cumulative frequency percentage curve (Ogive),		
	Smoothed graph.		
Unit-3	Co-efficient of Correlation and Percentiles		
	• Coefficient of correlation – Meaning and types,		
	• Computation of, co-efficient of correlation by Rank		
	difference method & Product-moment method and		
	interpretation of result		
	Calculation of Percentile and Percentile Rank		
Unit-4	Normal Probability Curve and Its Application		
	Normal Probability Curve: Its Meaning, Properties		
	and Uses		
	• Table of Area under NPC		
	Applications of Normal Probability Curve		
	• Divergence from Normality: Skewness and Kurtosis		
Unit-5	Statistical Practical		
	• To determine the Mean Median and Mode		
	Graphical Representation – Frequency Polygon,		
	Histogram and Pie diagram		

- Garrett, H.E. (2014). Statistics in Psychology and Education. Mumbai: Vakils, Feffer and Simons Pvt. Ltd.
- Goswami, Marami (2012). Measurement and Evaluation in Psychology and Education.
 Hyderabad: Neel Kamal Publications Pvt. Ltd.
- Mangal, S.K. (2005). Statistics in Psychology and Education. New Delhi: Prentice Hall of India.
- Saha,Kaberi (2012). Statistics in Education and Psychology. New Delhi: Asian Books Pvt. Ltd.
- Sahu, Binod, K. (1998). Statistics in Psychology and Education. New Delhi: Kalyani Publishers.

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Four Year Undergraduate Programme (FYUGP) Syllabus 6TH SEMESTER Subject Name: Education Course Name: MENTAL HEALTH AND HYGIENE Course Code: 400 – 499 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After completion of this course the learner will be able to:

- Acquaint with the fundamentals and development of mental health and the characteristics of a mentally healthy person.
- Understand the concept and importance of mental hygiene and its relationship with mental health.
- Acquire knowledge about the principles, factors promoting mental health and the role of home, school, and society in maintaining proper mental health.

- Learn the meaning and problem of adjustment and also the different adjustment mechanisms.
- Familiarise with the concept and issues of positive psychology, mental health of women, role of WHO and stress management.
- Will be able to apply the knowledge gained from this course ,for Upliftment of one's mental health

Unit No	Contents	No of	Marks
		classes	
Unit -1	Fundamentals of Mental Health • Mental Health – Concept and	Contact class: 50	Total: 100 (Internal – 20
	 Definitions Need and importance of Mental Health Scope of Mental Health , Dimensions of Mental Health History of the development of Mental Health Movement 	Non contact class: 10	External – 80)
	Characteristics of a mentally healthy person		
Unit -2	 Fundamentals of Mental Health Mental Hygiene –it's meaning and Definitions Need and importance of Mental hygiene Goals of Mental Hygiene Functions of Mental Hygiene Relationship between Mental 		
Unit -3	Mental Health and Education • Principles of sound Mental Health • Principles of factors affecting Mental Health • Factors affecting Mental Health • Factors affecting Mental Health • Maintaining Mental Health of Students-Role of Home , School and Society • Mental Health of Teachers-causes of Mal adjustment and remedial measure		
Unit -4	Preservation of Mental Health and Hygiene-Role of positive Psychology• Positive Psychology – Meaning and Nature and importance• Five pillars of positive		

	 psychology-PERMA Contribution of WHO on Mental Health Stress management-Role of Adjustment mechanisms Mental Health Care Act, 2017 	
Unit -5	 Restoring Mental Health by Yoga Concept of Yoga Importance of Yoga for Physical and Mental Health Role of Yoga for Personality Development Role of Yoga for management of Stress Principles of Yoga for Healthy Living Pranayama and Meditation for Promoting Mental Health 	

- Baumgardner, S. And Crother, M. (2009). Positive Psychology. New Delhi: Pearson India Education Services Pvt. Ltd.
- Coleman J. C. (2016): Abnormal Psychology and Modern life. Chicago: Scott, Foresman and Company.
- Chauhan, S.S. (2007). Advanced Educational Psychology. New Delhi: Vikas Publishing House Pvt. Ltd.
- Crow, L.D. and Crow, A. (1951). Mental Hygiene. New York: McGraw Hill
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- Mangal, S.K. (1999). Essentials of Educational Psychology. New Delhi: PHI Learning Pvt. Ltd.
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- Safaya, R.N., Shukla, C.S. and Bhatia, B.D. (2002).*Modern Educational Psychology*. Delhi: Dhanpat Rai Publishing Company.

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Four Year Undergraduate Programme (FYUGP) Syllabus 6TH SEMESTER Subject Name: Education GENDER STUDIES Course Code: 400 – 499 Credit: 4 Total: 100 (Internal – 20 External – 80)

Learning Outcome:

After going through this paper the students will be

- able to know the meaning of gender , difference between sex and gender ,types like Family, Marriage, Kinship, Religious institution, Gender Stereotype
- able to understand the meaning of the subject gender studies, its importance and features, different roles on the basis of gender
- able to get acquainted with the process of Socialization and Gender biases in the School ,Family and Society
- have knowledge about different provisions for gender equality

• able to apply gender sensitive approach

Unit No	Contents	No of	Marks
		classes	
Unit -1	 Basic Concepts of Gender and related Terms Concept of Gender , Sex Feminity and Masculinity ,Patriarchy, Matriarchy Difference between sex and gender Gender and social institutions - 	Contac t class: 50 Non contac t class: 10	Total: 100 (Interna 1-20 Externa 1-80)
	Family, Marriage, Kinship, Religious institutionGender Stereotype		
Unit- 2	Gender Studies		
	 Meaning of gender studies Importance of gender studies Features of gender studies Women studies vs. gender studies From Women studies to Gender studies :a paradigm shift 		
Unit	Gender Roles: Biological and Cultural		
- 3 Unit	 Biological role - Male-Female Cultural role- Masculine and Feminine Productive role Reproductive Role Community role Religion and its role in creation and preservation of gender inequality 		
Unit - 4	Socialization and Gender biases -in the School, Family and Society		
-	 School-Gender biases in Organization, Gender biases in Textbooks, Curricular Choices, Teachers' Bias Training of teacher for Gender equality Society-Gender biases in Education , Employment, work and pay Preferences, political 		

	 representation ,Voting Behaviour, stereotype in media Female foeticide, Infanticide, dowry , child abuse, Rape, Devdashi system Family-Gender biases in Educational opportunity, decision making, marriage, distribution of resources Domestic violence of different forms, , wife battering , forced polyandry, widowhood 	
Unit-5	 Gender Equality and Mainstreaming Concept of Gender equality, difference between gender equality and women empowerment Importance of gender equality, role of parents, teachers and curriculum, gender-inclusive language to achieve gender equality Role of Family and community, Role of mass Media, Role of civil Society Gender mainstreaming and ways to achieve it in the educational setting, Adult Education and Mass Literacy programe targeting women UN's Gender Equality Concern, Sustainable Development Goals – goal 5 : achieve Gender equality and empower all women and girls Gender Equality and Human Right, National Education Policy(NEP) 2020 on gender equality 	

- Bagchi, Jasodhara, Guha, Jaba and Sengupta, Piyali (eds). (1997). Loved and Unloved: the Girl Child in West Bengal. Kolkata: Stree Publishers
- Batliwala, S.(1993). Empowerment of Women in South Asia: Concepts and Practices.
- Bhasin, K.(2000). Understanding Gender. New Delhi: Kali for Women.
- Bhasin, K.(2004). *Exploring Masculinity*. New Delhi: Women Unlimited.
- Bhatia, R. L. & Ahuja, B. N. (2006) Modern Indian Education and it's Problems, Surject Publication, Delhi, India

- Chanana, K(ed.). (1988). Socialisation, Education and Women: Explorations in Gender Identity. New Delhi: Orient Longman.
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- Govinda, R. (ed.). (2002). India Education Report: A Profile of Basic Education. New Delhi: Oxford University Press. 10. Gould, S. J. (1981). The Mismeasure of Man. London: Penguin Books.
- Gupta A. S. et. al (Eds.) (2005) "Reflections of the right to development, centre for development and human rights". New Delhi, Sage Publication
- Lier,F.(2006) "School Culture and Gender "In c Skeleton, B.Skelton, B. francis &L. Smulyan (Eds). *The SAGE Handbook of Gender and Education (Pp 425-38)*. Thousands Oaks, CA:Sage.
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- Sadker D. Sadker ,M.&zittleman K.R.(2009).Still failing of Fairness : How Gender Bias Cheats Girls and Boys in school and what we Can Do About it. New York , NY: Scribner.
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Journal: Gender and Development in India, 1970s-1990s: Some reflections on the constitutive role of context, Mary E. John, *Economic and Political Weekly*, Nov 1996

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VALUE ADDED COURSE

Four Year Undergraduate Programme (FYUGP) Syllabus

1st SEMESTER Value Added course Subject Name: Yoga for Well being

Credit: 2 (1 Theory + 1 Practical)

Learning Outcomes:

Students will be able to demonstrate the ability to

- 1. Perform yogasanas and Pranayams
- 2. Deal with stress in life
- 3. Apply Yogic knowledge for maintaining a balanced physical and mental self.
- 4. Express thoughts and ideas effectively and communicate through appropriate media

a. Theory (1 Credit)

Unit 1: Introduction to Yoga

- Concept of Yoga, origin of Yoga
- History and Development of Yoga
- Classification of Yoga
- Aim of Yoga in Health and Wellness.
- Contribution of Maharishi Patanjali in the field of Yoga
- Scope of Yoga Role of Yoga in stress management, Yoga as a tool for Academic Excellence

Unit 2: Introduction to Yogic Exercises- Ashan, Mudra and Pranayam

-- Yogasanas or Kumbhira-

(i) Asanas for Dhyan-Bajrasan, Sastikasan, Bhadrasan, Padmasan, Siddsan,

(ii) Asanas for Swasthya-Tarasan, Tirjak Tarasan, Katichakrasan, Trikonasan, Brikshasan, Padahastan, Ustrasan, Setubandhan, Marjasan, Pabanmuktasan, Bhujangasan, Salabhasan, Dhanursan, Mamarasan, Surjya Namaskar, Savasana.

- Mudras- Biparitkarani Mudra, Saktisalini Mudra, Ashwini Mudra, Yoga Mudra, Udranbandha Mudra

- **Pranayam**- (i) Laghu Pranayam or Hatha Yoga Pranayam, (ii) Pachchatya Pranayam(ii) Sahaj Pranayam

b. Practical (1 Credit):

Guidelines:

1) Students will perform few warm-up exercises before the practical class.

1) Students will be guided by the teacher to perform minimum 5 basic Yogasanasfrom the abovementioned Asanas (in Unit 2)

2) Students will Learn 3 Mudras from the above-mentioned list (in Unit 2)

3) Students will Learn Pranayams from any one group mentioned (in Unit 2)

3) Teacher will teach the students to do meditation methodically.

Evaluation Plan:

- For theory part, written examination will be conducted for 20 marks.
- The Practical Examination will be conducted by an External Examiner for 30 marks.

No. of Contact Classes-

• 1 Class per week

No. of Non-Contact Classes-

• 1 class per week

Medium of Instruction-

Medium of instruction will be Assamese

Reference Books

- 1. Srimad Swami Sivananda Saraswati(2017) *Yoga Bole Rog Aragya*, Umachal Granthawali-24, Guwahati
- 2. Bibekananda Kendra(1991) Yoga Ashan- Pranayam- Mudra, Guwahati

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